January 2022	Holy Spirit Lower School		Lunch Menu		
Monday	Tuesday	Wednesday	Thursday	Friday	
2	3	4	5	6	
CLOSED	Staff Only	Spaghetti with	Chicken Nuggets	Fish Sticks	
	-	Meatballs Roasted Broccoli	Macaroni and Cheese	Roasted Veg	
			Steamed Green Beans	Dinner Roll	
		Garlic Breadsticks Fresh Cut Fruit	Fresh Cut Fruit	Fresh Fruit	
		Fresh Cut Fruit			
9	10	11	12	13	
Breakfast for Lunch	Chicken Flautas	Crispy Chicken	Sweet n Sour Chicken	Cheese Tortellini	
Biscuits n Gravy	Yellow Spanish Rice	Sandwich	Veg Stir Fry	Alfredo Sauce	
Turkey Sausage	Pinto Brans	Rice Pilaf	Fried Rice	Green Beans	
Hash Brown Potato	Roasted Corn n Peppers	Roasted Broccoli	Egg Rolls	Garlic Bread	
Fresh Fruit	Fresh Fruit	Fresh Cut Fruit	Fresh fruit	Fresh Cut Fruit	
16	17	18	19	20	
Baked Beef Lasagna	Chicken Fajitas	Beefy Mac	All American	Cheese Pizza	
Steamed Peas n Carrots	Roasted Corn	Roasted Broccoli	Hot Dogs n Corn dogs	Green Peas	
Dinner Roll	Pinto Beans	Honey Carrots	Crispy French Fries	Steamed Corn	
Fresh Cut Fruit	Fresh Cut Fruit	Fresh Cut Fruit	Baked Brans	Fresh Cut Fruit	
			Spiced Apples		
23	24	25	26	27	
Grilled Cheese Burger	Beef Nachos	Crispy Chicken & Waffles	Seared Chicken Breast	Fish Sticks	
Crispy French Fries	Cheese Sauce	Cheesy Cheddar Grits	Mash Potato w Gravy	Honey Carrots	
Slow Cooked Baked Beans	Spanish Rice	Roasted Veg	Honey Roasted Carrots	French Fries	
Fresh Cut Fruit	Black Beans	Fresh Cut Fruit	Fresh Cut Fruit	Fresh Cut Fruit	
	Fresh Fruit				
30	31				
Sloppy Joe	Pasta with Meat Sauce				
French Fries Peas n Carrots	Garlic Green Beans Roasted Red Potatoes				
Fresh Fruit					
rresh riuit	Fresh fruit				
SproutBerry's Salad Bar will include Romaine, Mixed Greens, Two			S	'	
Composed Sala	Composed Salads, Twelve Fresh Toppings and Six Homemade Dress-				
	ings Every Day				
	SproutBerrry's Deli will offer a Variety of Sandwiches, Wraps, & Pan-				
	inis made Fresh Each Day. Turkey and Cheese Sandwiches and PB&J			Chef Advantage	
	Jncrustables will be available				